

# Claudia C. Behn-Eschenburg Schollenberger

## MAIN AREAS OF DEVELOPMENT

- ✓ Investigation about categorization of personality types
- ✓ Book writer and Editor
- ✓ Teaching about psychoanalysis topics with humanist approach
- ✓ Psychoanalytic psychotherapy for adolescents, adults, couples and families
- ✓ Courses and conferences on Human Development
- ✓ Vocational / professional orientation to adolescents and professionals
- ✓ Psychological consultancy to companies, organizations and educational institutions
- ✓ Executive Coaching

## ACADEMIC GRADE

- Doctor in Psychoanalysis – American Andragogy University - USA 2020 – 2020
- Formation as Psychoanalyst in International Psychoanalytic Association (IPA) - Mexico 1997 – 2005
- Postgraduate course in Brief Psychotherapy – University of Zürich – Switzerland 1995 – 1996
- Master in Psychoanalytic Psychotherapy -Institute of Psychoanalysis of Zürich-Switzerland 1994 – 1997
- Master in Ethnology - University of Zürich - Switzerland 1987 – 1993
- Master in Pedagogics - University of Zürich - Switzerland 1987 – 1993
- Bachelor in Psychology - University of Zürich - Switzerland 1987 – 1993

## WORK EXPERIENCE

### – USA –

- Co-founder and Managing Director of THINSCEN - The Inner Strengthening Center 2017 – current

### – Mexico –

- Co-founder and Director of Association of Humanist Psychoanalysis CP 2014 – 2017  
Teacher in charge of the Mastery in Humanist Psychoanalysis
- Co-founder and Director of Institute for the Development and Study of the Personality CP 2003 – 2017
- Psychological consultancy and Coaching in Instituto Aberdeen 2007 – 2017
- Consultation and Humanist-Psychoanalytic Consultancy 2003 – 2017
- Lecturer 2000 – 2017
- Co-founder of the Integral Psychotherapeutic Group 2002 – 2005
- Iberoamericana University – Teaching 2000 – 2002
- Psychologist in Colegio Williams 1998 – 1999
- Co-founder of the Center for Specialties in Developmental Psychology 1998

### – Switzerland –

- Psychotherapist in the Schlössli Psychiatric Clinic – Zürich 1995 – 1997
- University practice with Guided Supervision in Burghölzli Psychiatric Clinic – Zürich 1995
- University practice with Guided Supervision in Wil Psychiatric Clinic – St. Gallen 1992

## DETAIL OF ACTIVITIES

### – Mexico –

#### **Iberoamericana University**

- Teacher of the Development Course "Cognitive and emotional development of children and adolescents"

#### **Colegio Williams**

- Psychologist
- Teacher in charge of Educational Orientation, 10th grade of High School
- Vocational Guidance, 11th grade of High School

#### **Center for Specialties in Developmental Psychology**

- Courses and workshops for mothers
- Understanding Your Child I and II

### – Switzerland –

#### **Schlössli Psychiatric Clinic, Zürich**

- Psychotherapist of the Psychotherapeutic Section
- Psychotherapist of the Therapeutic Community Section
- Individual, group and family psychotherapy
- University Practice in Psychotherapy with guided external and internal supervision

#### **Burghölzli Psychiatric Clinic, Zürich**

- University Practice in Psychotherapy with guided supervision

#### **Wil Psychiatric Clinic, St. Gallen**

- University Practice in Psychotherapy with Psychotics
- University Practice in Psychotherapy with guided supervision

## CONSULTANCY

#### **Instituto Aberdeen (Mexico)**

- Monthly counseling, training and psychological supervision for Middle and High School Principals and Teachers
- Vocational orientation

## COURSES, TRAINING AND CONFERENCES

### – Mexico –

- Instituto Aberdeen
- The Oak Tree School
- Comunidad Educativa Tomás Moro
- The Purple Door
- Instituto Tlalpan
- The Edron Academy
- Universidad Anahuac
- Universidad Iberoamericana
- Universidad Nuevo Mundo

- Integra Group

### **PUBLICATIONS**

- Individual goals and Types of Personality – 2014
- EneaPsiquis – one in nine; Ed. Institute for the Development and Study of the Personality CP – 2004
- OntoPsyche – Beyond the enneagram and the psychoanalysis – Vol I; Ed. THINSCEN – The Inner Strengthening Center - 2019
- OntoPsyche – Beyond the enneagram and the psychoanalysis – Vol II; Ed. THINSCEN – The Inner Strengthening Center - 2021
- Coaching and OntoPsyche - Do you know what to ask? (in writing stage); THINSCEN – The Inner Strengthening Center
- Monthly collaboration in MITT Magazine - Swiss-German community of Mexico - 2008

### **CERTIFICATIONS**

- International certification in Executive Coaching for the ICC by IMPEL – Mexico – 2014
- Certified Enneagramist at the Enneagram Institute of New York – USA – 2003

### **INSTRUCTION AND TEACHING**

- Coauthor of more than fifteen (15) courses on human development, maltreatment, submission, leadership and motivation
- Co-creator of the NeP-BeS Test© to obtain a rapid approach to the type of personality according to the unconscious motivations of each individual
- Co-creator of the NATI-BeS Test© to evaluate type of personality, use of psychic resources and point of equilibrium
- Writing of syllabus and development of the chair “Select Topics of Integral Dimension”, of the sixth semester of the Bachelor in Human Development, TecMilenio University - Mexico

### **SEMINARS AND DEVELOPMENT COURSES IN PSYCHOANALYSIS**

- Specialization in Psychodrama - Mexican Institute of Psychodrama and Sociometry - 1999
- Psychoanalytic Interviews - St. Gallen - Switzerland - 1996